



SUPERTRAC

DIVEST | MERGE | ACQUIRE

How to be a Super-Achiever

Super-achievers think differently to average achievers:

- Less influenced by what others think of them
- More action-oriented
- Use their thoughts more effectively
- High on optimism and high on planning
- See challenges as opportunities to learn
- Seek out new experiences
- Think and plan constructively
- Quickly bounce back after setbacks
- High level of persistence; never give up
- Visualise best outcomes but prepare for all eventualities
- Think more about the things they can achieve and influence, rather than the things they have no control over
- Not superstitious
- Have better mental skills for coping with failure;
- They see failure as an important part of learning;
- They don't let it affect their self-esteem
- More flexible in their thinking; don't accept black and white
- More open to the ideas of others
- Practical optimism, positive thinking, but accepting realism
- Feel really good about themselves as human beings
- Your level of thinking determines your level of success

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